

Northwood Hills Elementary



Parent Education Program

September 24, 2009

6:30pm start time for PTA Meeting and Program

Raising Resilient Children

Presentation given by: Dr. Susan Sugerman



Dr. Sugerman teaches concrete skills that parents can use to raise resilient kids.

What do we want most from the next generation?

We hope our children will become adults who can bounce back from stress, solve their own problems, and contribute to the world in positive ways.

**Please, contact JoAnn Gonzalez, Parent Education Chair, if you have any questions
(214) 797-0833 or joannkat@sbcglobal.net.**